



A Regional Bike and Pedestrian Newsflash

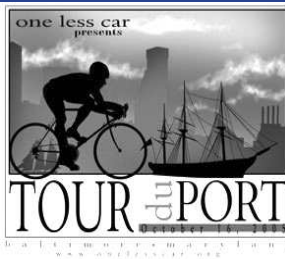
September 21, 2005

- [Explore Baltimore by Bike](#)
- [American Hiking Society Announces Grant Program](#)
- [Baltimore County Planning Develops Interactive Bike Maps](#)
- [Oregon Fights Fat - with Bikes!](#)

The following newsflash details current news, events, etc. in regards to biking and walking both in and around the Baltimore region. The information found in the newsflash is informative; it could inspire some to become more involved in the process of improving conditions for biking and walking. Or it could inspire a bike-ride or a walk...

BikePedED

[Explore Baltimore by Bike](#)



On Sunday October 16, see Baltimore's trains, tall ships, historic neighborhoods, and famous landmarks that highlight Baltimore's international reputation as a port community. In its twelfth year, Tour du Port is brought to you by One Less Car, Maryland's Campaign for Bicycling & Walking, Maryland's only statewide bicycle and pedestrian advocacy group. Tour du Port participants will receive: a fun, supported tour; map and SAG/repair vehicle service during the ride; refreshments at rest stops; lunch and post-ride festival at Tour end; and a colorful Tour du Port t- shirt.

[sign up!](#)

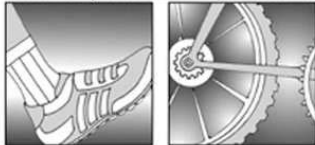
American Hiking Society Announces Grant Program

The American Hiking Society is now accepting applications for the 2006 National Trails Fund. Awards will range from \$500 to \$10,000 per project. The National Trails Fund (NTF), created in 1998, is the only privately supported national grants program that provides funding to grassroots organizations working to establish, protect, and maintain foot trails in America. Applications must be postmarked by November 1, 2005.

[Learn more and/or apply.](#)

Baltimore County Planning Develops Interactive Bike Maps

Eastern County Pedestrian and Bicycle Access Plan



Eastern County Pedestrian and Bicycle Access Plan

The Draft Eastern County Pedestrian and Bicycle Access Plan was developed by an advisory Action Committee composed of local citizens, elected officials and government staff. Taking input from citizens who live, work and play in the area, the Action Committee's plan identifies future pedestrian and bicycle improvements. The plan, which covers the Fifth, Sixth and Seventh Council Districts, is the first phase of what will eventually be a County-wide plan.

[Get interactive \[bike maps!\]](#)

Oregon Fights Fat - with Bikes!

"It's the little things that begin to make a dent in the problem, like taking the stairs instead of the elevator or riding your bike to work," said Michael Earls, co- author of a study released in August by the Trust for America's Health. The study's authors noted an emphasis on urban design, which encourages outdoor activities like walking and biking to work, as a key component in Oregon's success in battling the bulge.

[Learn more.](#)

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